Lufkin Plastic Surgery POST-OP INSTRUCTIONS: LIP LIFT

Do not drink anything HOT until all sensation returns to the lips.

When sensation returns, you may eat or drink whatever you desire.

You may apply an ice bag covered with a clean towel or washcloth.

Apply Vaseline to the suture lines.

You may shower and shampoo, allowing clean water to run across your face the day following surgery.

Take medications as prescribed.

No alcohol for at least twenty-four (24) hours after your operation or if you are taking pain medications.

Call for increasing pain, redness, and or swelling. These are possible signs of infection. Office 637-1145, which will transfer to Memorial Medical Center after hours, ask them to please page Dr. Strinden, even if they say he is not on call.

Please call office for nausea and or vomiting, this can be eliminated with medication. This may be caused by the antibiotic or pain medication.

Return to clinic as scheduled or sooner if needed.

Remember that a question not asked is a question not answered. Do not feel that you have a silly question if it is a concern to you.

BE PATIENT!